ROUX & BREW Seafood & Steak House

GLUTEN FRIENDLY

BURGERS

FARMER BURGER

American cheese, hickory bacon, a fried egg 18

ZYDECO BURGER

White cheddar cheese, hickory bacon, our honey Sriracha 17

BACKYARD BURGER

Cheddar cheese, hickory bacon, our whiskey BBQ sauce 17

BACKYARD CHICKEN SANDWICH

Grilled, Cheddar, hickory bacon, our whiskey BBQ sauce 17

Served with your choice of a side Gluten Free Bun available for additional 2

ENTREES	
All served with your choice of Caesar or House salad	
SHRIMP & GRITS Gulf shrimp sautéed in our house-made shrimp, tasso, and garlic sauce, andouille white cheddar grits, salad	
SALMON PICATTA 29 Pan-seared salmon, house-made lemon butter sauce, capers, sauteed spinach, and tomatoes, white rice, sauteed vegetables	
ASIAN SALMON 29 Ponchatoula orange pepper jelly soy glazed salmon, white rice, soy glazed brussels sprouts	
PAN SEARED TROUT 25 White rice, sautéed vegetables, lemon butter sauce	
GRILLED GULF SHRIMP 22 Garlic whipped potatoes, sautéed vegetables, lemon butter sauce	
RED BEANS & GRILLED CHICKEN Creole red beans, white rice, grilled chicken strips	
CHICKEN TENDERS 17 Grilled chicken tenders, honey mustard, sautéed vegetables, garlic whipped potatoes	
BEEF TIPS 26 Filet mignon tips & mushrooms seared in our Roux sauce, garlic whipped potatoes, smothered green beans	
FILET - HAND CUT USDA CHOICE Garlic whipped potatoes, smothered green beans 6oz • 31 8oz • 36	
RIBEYE - HAND CUT USDA CHOICE 12oz • 39	

SATURDAY BRUNCH 10:00 - 3:00 PM

FISH & STEAK TOPPINGS

Sautéed Crab Meat • Grilled Shrimp 7 each
Sautéed Mushrooms • Sautéed Onions • Blue Cheese 5 each

Garlic whipped potatoes, smothered green beans

ROUX BRUNCH PLATE

Scrambled or poached eggs, andouille white cheddar grits, hickory bacon, southern skillet potatoes 16

STEAK & EGGS

4oz filet medallion, scrambled or poached eggs, Creole hollandaise sauce, southern skillet potatoes, smothered green beans 20

SHRIMP & GRITS

Gulf shrimp sautéed in our house-made shrimp, tasso, and garlic sauce, andouille white cheddar grits, salad 24

WESTERN OMELET

Three egg omelet, trinity vegetables, sausage, bacon, and white cheddar cheese. Served with andouille white cheddar grits 17

SHRIMP FLORENTINE OMELET

Three egg omelet, fresh spinach, sauteed Gulf shrimp, and house made Florentine sauce. Served with andouille white cheddar grits 19

FARMER BURGER

American cheese, hickory bacon, fried egg. Served with choice of side, parmesan garlic aioli, lettuce, tomato, pickle 18 Gluten Free Bun available for additional 2

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